



HISTON & IMPINGTON FEAST ROUNDERS- ' THE RULES '

1. A player must run on the 1st legitimate ball received.
2. A "No Ball" if either ;
 - Ball is above head height or below knee height of the batter
 - Ball bounces on the approach to the batter
 - Is wide or straight at body of the batter
 - Not bowled in a smooth underarm action
 - The ball is not bowled on the batting side of batterIf two consecutive "No Balls" are bowled then ½ rounder will be awarded to the batting team.
3. A player must carry the bat round with them at all times. If the batter throws or drops the bat, the batting team will be deducted a whole rounder (this is a deterrent to increase safety).
4. If the ball is hit behind (the batting position) or the batter misses the ball they shall only proceed to 1st base only.
5. Only whole rounders shall be scored if the ball is hit (by the bat) and the batter touches the 4th base post. The batter must contact the post in which they are proceeding to with their hand and not the bat. (1/2 rounders will Not be scored for a batter reaching 2nd base post)
6. A player can run on a "No ball", but once a player reaches 1st base post the player cannot return to the batting plate. A whole rounder can be scored on a "No Ball" only if the ball has been hit (by the bat).
7. Batters must run on the outside of the base posts, and are deemed out if the post the batter is running to is stumped (Ball in hand, against the post) by a fielding team before they make contact (with their hand).
8. A batter is to be deemed out if the fielding team catches the ball (if hit by the bat).
9. Fielders must not obstruct the batting team and vice versa (½ rounder could be awarded at the referee's discretion for obstruction and/or unsportmanship).
10. Once the bowler has the ball at the bowling point the batter cannot proceed further than the next post.
11. Each innings will consist of 9 legitimate balls.

(updated April 2017)